

# WEEK 1

## ALLERGENS



Peanuts.



Nuts.



Milk.



Soya.



Mustard.



Lupin.



Eggs.



Fish.



Mollusc.



Shellfish.



Gluten.



Sesame Seeds.



Celery.



Sulphur Dioxide.

	Peanuts.	Nuts.	Milk.	Soya.	Mustard.	Lupin.	Eggs.	Fish.	Mollusc.	Shellfish.	Gluten.	Sesame Seeds.	Celery.	Sulphur Dioxide.
Vegetable Sausage served with Mashed Potato and Gravy			YES								Wheat			
Vegetarian Lasagne served with a Garlic Slice			YES	YES							Wheat, Barley			YES
Lemon Pudding with Custard			YES				YES				Wheat			
Roast Chicken Thigh served with Stuffing, Roast Potatoes and Gravy											Wheat			
Cheddar and Caramelised Red Onion Quiche served with Roast Potatoes			YES				YES				Wheat			YES
Strawberry Jelly														
Chicken, Tomato and Mixed Pepper Bake served with Steamed Rice														YES
Vegetable Burger served in a Bun with Homemade Tomato Sauce								YES			Barley, Wheat		YES	YES
Pear and Ginger Crumble with Custard			YES								Oats, Wheat			
Turkey Bolognese served with Spaghetti											Wheat		YES	YES
Sweet Potato and Chick Pea Curry served with Steamed Rice														YES
Vanilla Sponge with Custard			YES				YES				Wheat			
Golden Fish Fingers served with Chips								YES			Wheat			
Crispy Vegetable Nuggets served with Chips											Wheat			
Fruity Muffin			YES				YES				Wheat			

