

KENMORE PARK PRIMARY SCHOOL

Spring 2018



WEEK 1

1/1, 22/1, 19/2, 12/3

Option 1

Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Sweet Chilli Vegetable Noodles	Roast Chicken Thigh served with Stuffing Roast Potatoes and Gravy	Turkey Bolognese Pasta Bake	Moroccan Chicken with Apricots served with Cous Cous	Golden Fish Fingers served with Chips

Option 2 v Vegetarian

Savoury Rice v	Mixed Bean and Vegetable Pasty served with Roast Potatoes v	Cheesy Potato Layer Bake v	Vegetarian Sausage served with Creamy Mashed Potato and Gravy v	Winter Vegetable Frittata served with Chips v
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Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw	Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw	Pesto Pasta with Cherry Tomatoes	Tomato and Mascarpone Pasta	Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw
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Vegetables

Garden Peas Carrots	Butternut Squash Green Beans	Sweetcorn Broccoli	Carrots Sweetcorn	Garden Peas Baked Beans
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Dessert

Pear and Forest Fruit Crumble with Custard	Chocolate Brownie	Cherry Shortbread	Peach Crunch Tart with Custard	Carrot and Pineapple Cake
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WEEK 2

8/1, 29/1, 26/2, 19/3

Option 1

Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Mozzarella, Tomato and Basil Pasta Bake	Roast Chicken served with Stuffing, Roast Potatoes and Gravy	Minced Turkey and Potato Hot Pot	Chicken Sausage served with Creamy Mashed Potato and Gravy	Crispy Battered Fish served with Chips

Option 2 v Vegetarian

Mixed Vegetable Biryani v	Sweet Potato, Chick Pea and Spinach Curry served with Rice v	Macaroni Cheese v	Roasted Mediterranean Vegetable Pasta Bake v	Chick Pea, Mixed Pepper and Sweetcorn Quesadilla served with Chips v
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Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw	Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw	Tomato and Basil Pasta Twists	Cheesy Leek Pasta	Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw
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Vegetables

Cauliflower Carrots	Roasted Root Vegetables Steamed Cabbage	Sweetcorn Garden Peas	Green Beans Sweetcorn	Garden Peas Wholewheat Spaghetti Hoops
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Dessert

Spiced Date Bar	Orange Jelly with Mandarins	Apple and Cinnamon Crumble Slice with Custard	Fruity Sponge with Custard	Vanilla Ice Cream
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WEEK 3

15/1, 5/2, 5/3, 26/3

Option 1

Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
BBQ Vegetable Pizza served with Herby Diced Potatoes	Roast Turkey served with Stuffing Roast Potatoes and Gravy	Shepherds Pie	Chicken Tikka Masala served with Mango Chutney and Steamed Rice	Salmon or Cod Fish Fingers served with Chips

Option 2 v Vegetarian

Cheese and Tomato Pizza served with Herby Diced Potatoes v	Vegetarian Sausage served in a Yorkshire Pudding with Roast Potatoes and Gravy v	Vegetarian Chilli Con Carne served with Steamed Rice v	Vegetarian Lasagne v	Cheese and Tomato Turnover served with Chips v
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Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw	Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw	Broccoli Cheese Pasta Bake	Spicy Tomato Pasta Bake	Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw
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Vegetables

Broccoli Sweetcorn	Roast Parsnips Green Beans	Carrots Peas	Carrots Sweetcorn	Garden Peas Baked Beans
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Dessert

Oaty Cookie	Apricot Flapjack	Pineapple Upside Down Cake served with Custard	Cherry and Apple Pie with Custard	Chocolate Iced Sponge
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Salad Bar, Yoghurt and Fresh Fruit are available daily



We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

